

Health and Wellbeing projects and activities FUNDING APPLICATION

1. Applicant:

Name	Dawn Wilson
Organisation	PCAP Memory Cafe
Address	Giddings Cottage, Huish
Phone number	01672 563917
Email address	dawnwilson917@yahoo.com

2. Amount of funding required from the Area Board:

£0 - £1000	£1,600
£1001 - £5000	
Over £5000 (please note – our grants will not normally exceed £5000)	

3. Are you applying on behalf of a Parish Council?

Yes	
No	Χ

4.	If ves. plea	se state wh	this project	cannot be f	funded from	the Parish	Precept?
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NA		

5. Project title?

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6. Project summary: (100 words maximum)

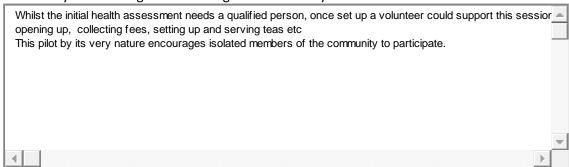
These activities are designed to promote the health and well-being of the frail and vulnerable within our community. The sessions will run fortnightly and will be open to residents from across the Pewsey Vale. Attendees will be assessed for suitability on attendance of the first session by a suitably qualified person. The sessions are intended to be 20 mins of exercise to music seated, a break for tea and a second 20 workout seated. Attendees will be encouraged to repeat some exercises at home to help improve their fitness levels. Occasionally we might need to organise suitable transport for individuals to be able to attend. We need to cover the costs of a qualified session trainer, support worker, venue, insurance, advertising and printing activities for this pilot.

7. Which Area Board are you applying to?

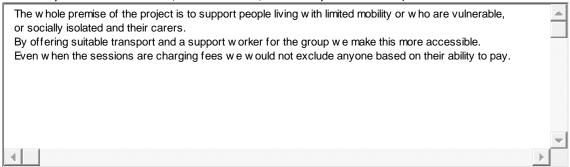
Pew sey	•

What is the Post Code of the place where your pro	oject is taking place?
Please tell us which themes best describe your pro Intergenerational projects Older People Support/Activities Carers Support/Activities Promoting physical and mental wellbeing Combating social isolation Promoting cohesive/resilient communities Arts, crafts and culture Safer communities If Other (please specify)	Heritage, history and architecture Inclusion, diversity and community spirit Environment, recycling and green initiative Sport, play and recreation Transport Technology & Digital literacy Other
D. About your project Please tell us about your project (a strong applicated How does your project support local needs and This pilot Amrchair Exercise Group will offer activities at as well as respite for their carers to promote health and The biggest issue identified at the JSA planning events in This is especially true for those with limited mobility. Alt we will actively encourage those living in villages to par Initial sessions will be free, with a charge being introduced. How many people do you expect to benefit from	nd a social event for the less mobile and vulnerable I well being. It will help to combat lonliness and isolation. Is always Transport/Travel. Though we expect many will attend from within Pew sey ticipate by offering transport if needed. The determinant of the less mobile and vulnerable and vulnerable is always. The less mobile and vulnerable is always. The less m
For sustainability we are looking for a group of betwee	

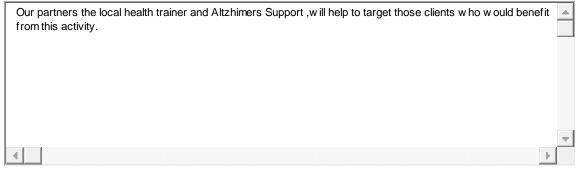
How will you encourage volunteering and community involvement?



How will you ensure your project is accessible to everyone (for example: people living with a disability or on low incomes, or vulnerable, or socially isolated etc.)?



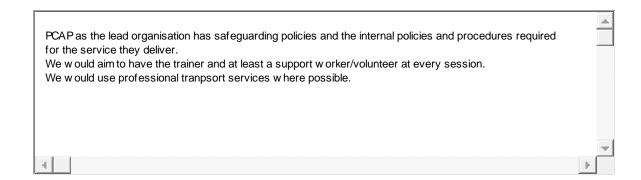
How will you work with other community partners?



11. Safeguarding

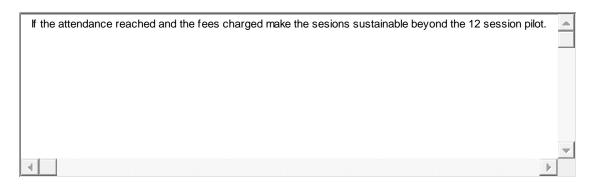
Please tell us about how you will protect and safeguard vulnerable people in your project (You must address all of the following):

- Please provide evidence of your commitment to safeguarding and promoting the welfare of older/vulnerable people and their carers.
- How do you make sure staff and volunteers understand their safeguarding responsibilities?
- Who in your organisation is ultimately responsible for safeguarding?



12. Monitoring your project.

How will you know if your project has been successful? *required field



13. If your project will continue after the Wiltshire Council funding runs out, how will you continue to fund it?



14. If this application forms part of a larger project (eg a community navigation project), please state what this project is and approximately how much the overall project will cost



15.Finance:

15a. Your Organisation's Finance:



Total Expenditure: £ 21,333 Surplus/Deficit for t £ 9,547 Free reserves currer (money not commit £ 500	ntly held: ted to othei			
Why can't you fund This is a test pilot proje		generate its own funds to		ole.
The online marketing a	nd insurance o	f this project is PCAPS co	ontribution all	other costs to be recovered. actions become necessary.
4				Þ
We are a small con	nmunity gr	oup and do not ha	ve annual	accounts or it is our first year:
15b. Project Finance	: :			
Total Project cost		f 1700		
Total required from	Area Board	f 1600		
Expenditure	£	Income	£	Tick if income confirmed
NB. If your organisat reclaims VAT you she exclude VAT from the expenditure (Planned project cos	ould e	(Planned Income <u>h</u>	<u>elp</u>)	
Online marketing/lnsu	100	PCAP contribution	100	▼
Advertising/ Printing	100			
Transport	420			
Trainer	540			
Support w orker	240			
Venue	240			
Refreshments	60			
Total	1700	Total	100	

16. Have you or do you intend to apply for a grant for this project from another area board within this financial year? *required field

	\sim	Yes
	•	No
17		ase list which area boards you are intending to apply, including this one (You can apply to a imum of 3 Area Boards for the same project in a financial year) *required field, if Yes to Q11.
	NA	
18	. DEC	CLARATION
		porting information - Please confirm that the following documents will be available to inspect n request (You DO NOT need to send these documents to us):
	Quo ☑ proje	tes: I will make available on request 1 quote for individual project costs over £500 & 2 quotes for ect costs over £1000 (Individual project costs are listed in the expenditure section above)
	estir	ect/Business Plan: For projects over £50,000: I will make available on request a project or business plan (including mates) for projects where the total project cost (as declared in the financial section above) eds £50,000 (tick only when total project cost exceeds £50,000).
	Acco	ounts: I will make available on request the organisation's latest accounts
	Cons	stitution:
	~	I will make available on request the organisation's Constitution/Terms of Reference etc.
	Poli	cies and procedures:
		I will make available on request the necessary and relevant policies and procedures such as Child ection, Safeguarding Adults, Public Liability Insurance, Access audit, Health & Safety and ronmental assessments.
		er supporting information (Tick where appropriate, for some project these will not be licable):
		I will make available on request evidence of ownership of buildings/land
		I will make available on request the relevant planning permission for the project.
	rece	I will make available on request any other form of licence or approval for this project has been ived prior to submission of this grant application.
	And	finally
	V	I confirm that the information on this form is correct, any award received will be spent on the

activities specified.